The Cambridge Companion to Hildegard of Bingen

This book offers the reader an introduction to the writings of Hildegard of Bingen, Meister Eckhart, Tauler, Nicholas of Cusa, Paracelsus, Jacob Boehme, Angelus Silesius, Novalis and includes the more recent thinkers, such as Schopenhauer and Wittgenstein, who were influenced by the tradition. It is the first study of its scope to take into account the much ignored historical preconditions of German mysticism and the first to trace the thematic evolution of mystical literature from a core of biblical and Augustinian materials. It also follows in the footsteps of recent scholarship in showing how German mysticism interacts with other currents in intellectual history such as the Reformation, Romanticism, or Modernism. Instead of murky generalizations, the reader will find clear discussions of representative literary documents, analyzed with an eye to theme, source, style, function, and influence.

Managing Stress: Principles and Strategies for Health and Well-Being

On average, we spend around six years of our lives dreaming. Yet, astonishingly, few of us understand the purpose of dreams and even fewer recognise what our dreaming mind can tell us about ourselves and our world. Melinda Powell, psychotherapist and co-founder of the Dream Research Institute UK, reveals how better understanding our
dreams can improve our waking lives. As well as examining the importance of sleep and dreams, The Hidden Lives of Dreams explores the role of light, colour, landscapes, space, healing presence and lucidity in dreams, dispels common misconceptions and addresses our fears of nightmares. Powell shows how to tap into our dreams as a source of guidance and inspiration to enhance our wellbeing and to discover a healthier, more balanced approach to life. "Exploring the depths of dreaming with an experienced guide like Melinda Powell will bring you closer to your heart, your purpose and your truest self. Highly recommended." Robert Waggoner

**Woman Mystic: Selections from Saint Hildegard of Bingen’s Scivias**

**Experiencing Hildegard**

Twelfth-century Rhineland mystic Hildegard von Bingen records her exquisite encounter with divinity, producing a magnificent fusion of divine inspiration and human intellect. Hildegard von Bingen’s Mystical Visions is perhaps the most complete and powerful documentation of mystical consciousness in recorded history. Now after 800 years, these visions are again available for those seeking to reawaken mystical consciousness.

**The Mystical Visions of Hildegard of Bingen**

"Encyclopedia of World Religions" explores the major religions of the world, emphasizing the living faiths and their background. Each illustrated volume provides access to the theological concepts, personalities, historical events, institutions, and movements that helped shape the history of each religion and the way it is practiced.

**Managing Stress: Principles and Strategies for Health and Well-Being - BOOK ALONE**

"Through constructive critical exchange, Psychology and the Other engages perspectives on the Other from various subdisciplines within psychology and related disciplines. The volume uses the language of the Other as a vehicle for rethinking aspects of psychological processes, especially within the therapeutic context. As a group, the contributors demonstrate that the language of the Other may be more fitting than the egocentric language frequently employed in psychology. They also embrace the challenge to create new theories and practices that are more ethically attuned to the dynamic realities of psychological functioning"--

**Western Civilization: Volume I: To 1715**

Pray Without Ceasing is a philosophy, filled with original concepts that will keep you moving in one direction: forward! Whether you want insights on science, religion, spirituality, history, or something else altogether,
you’ll find novel and practical approaches to experiencing growth in life, love, and spirituality in this collection of essays and God-winks. In addition to sharing her own insights, the author examines the ideas of Jesus Christ, Buddha, Albert Einstein, Saint Paul, Carl Jung, Mother Earth, and God. There is no limit to where these ideas, and your own, will take you. Throughout the book, you’ll consider questions such as: Why have so many people been taught to fear God? Why do we pray, and why should we pray? Why do we struggle with trusting others? The author also examines topics such as yoga, meditation, exposure to toxic beliefs, the role of personal boundaries, and more. Weaved throughout the book are prayers of intention, daily mantras, and daily verses. Gain a greater understanding of yourself, humanity, and the world around you with the lessons in Pray Without Ceasing.

Hildegard of Bingen's Book of Divine Works

Hildegard of Bingen, a Rhineland mystic of the twelfth century, has been called an ideal model of the liberated woman. She was a poet and scientist, painter and musician, healer and abbess, playwright, prophet, preacher and social critic. The Book of Divine Works was written between 1170 and 1173, and this is its first appearance in English. The third volume of a trilogy which includes Scivias, published by Bear & Company in 1985, this visionary work is a signal resounding throughout the planet that a time of healing and balance is at hand. The Book of Divine Works is a cosmology which reunites religion, science, and art, and readers will discover an astonishing symbiosis with contemporary physics in these 800-year-old visions. The present volume also contains 51 letters written by Hildegard to significant political and religious figures of her day and translations of twelve of her songs.

Hildegard von Bingen's Mystical Visions

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Circling to the Center

Explores the life and contributions of the 12th century Abbess. Fierro shows the spirituality and context of a
Hildegard of Bingen's Spiritual Remedies

An introduction to the life and work of Hildegard. • Reveals the life and teachings of one of the greatest female artists and intellectuals of the Western Mystical Tradition. • Contains 24 full-color illustrations by Hildegard of Bingen. • Includes commentary by Matthew Fox, author of Original Blessing (250,000 sold). Hildegard of Bingen (1098-1179) was an extraordinary woman living in the Rhineland valley during most of the twelfth century. Besides being the abbess of a large and influential Benedictine abbey, she was a prominent preacher, healer, scientist, and artist. She also was a composer and theologian, writing nine books on theology, medicine, science, and physiology, as well as 70 poems and an opera. At the age of 42, she began to have visions; these were captured as 36 illuminations--24 of which are recorded in this book along with her commentaries on them. She also wrote a text describing these visions entitled Scivias (Know the Ways), now published as Hildegard of Bingen's Mystical Visions. Author Matthew Fox has stated, "If Hildegard had been a man, she would be well known as one of the greatest artists and intellectuals the world has ever seen." It is a credit to the power of the women's movement and our times that this towering genius of Western thought is being rediscovered in her full grandeur and autonomy. Virtually unknown for more than 800 years in Western history, Hildegard was featured as one of the women in Judy Chicago's Dinner Party in the early 1980s and published for the first time in English by Bear & Company in 1982. In addition to her mystical teachings, Hildegard's music has been performed and recorded for a new and growing audience.

The Hidden Lives of Dreams


Hildegard of Bingen recognized what the holistic health movement has only recently restored to our consciousness: that full health can only be experienced in a state of spiritual balance. Dr. Strehlow gives readers practical suggestions based on the integration of 35 spiritual forces of the human soul in order to "cure the soul within," which he synthesized from five of Hildegard's books on spiritual and psychological healing principles.

Hildegard of Bingen

A groundbreaking introduction to Hildegard's rich and varied writings, with a wide range of her works grouped by theme to provide a deeper understanding of this influential figure. With helpful commentary and insights on how
Hildegard of Bingen

"A Pueblo book." Includes bibliographical references (p. 610-615) and index.

Imagination and Fantasy in the Middle Ages and Early Modern Time

First Published in 1998. Routledge is an imprint of Taylor & Francis, an informa company.

Philosophers and Religious Leaders

Twelfth-century Rhineland mystic Hildegard von Bingen records her exquisite encounter with divinity, producing a magnificent fusion of divine inspiration and human intellect. Hildegard von Bingen's Mystical Visions is perhaps the most complete and powerful documentation of mystical consciousness in recorded history. Now after 800 years, these visions are again available for those seeking to reawaken mystical consciousness.

Hildegard of Bingen

The Encyclopedia of Saints

Visionary, mystic, poet, musician, naturalist, healer, theologian—the Rhineland nun Hildegard of Bingen (1098–1179) was a Renaissance woman long before there was a Renaissance. This is the first book in English to offer a representative selection of writings from all of her amazing range of work. Hildegard wrote many volumes on subjects from mystical vision to sexuality, from theology to natural medicine—in letters, treatises, poetry, and songs—all in an age when few women wrote more than an occasional letter. She was a woman of extraordinary influence whose work not only surpassed that of her male contemporaries in its range, but also outshone them in visionary beauty and intellectual power. This collection includes a brief biography of Hildegard, and selections from the following works: • Scivias (literally, "know the ways"), the record of Hildegard's visions and her commentary on them • The Book of Life's Merits, visionary work • The Book of Divine Works, a work of cosmology and anthropology • Natural History, a record of plants, animals, and minerals, translated here into English for the first time • Causes and Cures, a compendium of her writing on natural medicine • Symphonia, her songs and poetry • Biographical works • Selected letters

Fingering Netsukes
"The Encyclopedia of Saints offers thorough and fascinating accounts of familiar and little-known holy men and
women of the Catholic and Orthodox churches. Drawing from documented accounts and supplemented with additional
extensive research

Illuminations of Hildegard of Bingen

Managing Stress, Seventh Edition, provides a comprehensive approach to stress management honoring the
integration, balance, and harmony of mind, body, spirit, and emotions. The holistic approach taken by
internationally acclaimed lecturer and author Brian Luke Seaward gently guides the reader to greater levels of
mental, emotional, physical, and spiritual well-being by emphasizing the importance of mind-body-spirit unity.
Referred to as the “authority on stress management” by students and professionals, this book gives students the
tools needed to identify and manage stress while teaching them how to strive for health and balance.

Vision

Workbook contains more than 130 stress management exercises that show how to withstand the pressures of whatever
stress might come your way.

Hildegard von Bingen's Mystical Visions

The notions of other peoples, cultures, and natural conditions have always been determined by the epistemology of
imagination and fantasy, providing much freedom and creativity, and yet have also created much fear, anxiety, and
horror. In this regard, the pre-modern world demonstrates striking parallels with our own insofar as the
projections of alterity might be different by degrees, but they are fundamentally the same by content. Dreams,
illusions, projections, concepts, hopes, utopias/dystopias, desires, and emotional attachments are as specific
and impactful as the physical environment. This volume thus sheds important light on the various lenses used by
people in the Middle Ages and the early modern age as to how they came to terms with their perceptions, images,
and notions. Previous scholarship focused heavily on the history of mentality and history of emotions, whereas
here the history of pre-modern imagination, and fantasy assumes center position. Imaginary things are taken
seriously because medieval and early modern writers and artists clearly reveal their great significance in their
works and their daily lives. This approach facilitates a new deep-structure analysis of pre-modern culture.

Hildegard of Bingen

This masterful six-volume encyclopedia provides comprehensive, global coverage of religion, emphasizing larger
religious communities without neglecting the world's smaller religious outposts. • Coverage of the religions of
more than 240 countries, including all of the larger religious communities, denominations, and sects • Detailed statistical information on the major religious communities in each country • 100+ entries on famous and important religious sites and places of pilgrimage • Biographies of the 100 most influential religious leaders in history • More than 150 photographs, plus maps and illustrations for each nation • A bibliography for each entry

Psychology and the Other

From Thomas Becket to Charlemagne, from Leif Erickson to Count Dracula, this series of biographical essays separates truth from legend as it explores the lives of some of the most accomplished and influential figures of medieval history. * Contributions from 18 accomplished scholars and writers bring their fascinating medieval era subjects to life in 20 entries—18 biographical and 2 topical entries * Bibliographical references and "Suggestions for Further Reading" for each chapter

Pray Without Ceasing

Noted astrologer and spiritual teacher Barbara Hand Clow channels the voice of Satya, a Pleiadian goddess. Satya describes the huge cosmic drama taking place simultaneously in nine dimensions, with Earth as the chosen theater. The Pleiadians are a group of enlightened beings who believe that the end of the Mayan Calendar will signal a critical leap in human evolution; the Pleiadians will be there to guide us for that leap. This shift is the coming Age of Light, and the entry of our solar system into the Photon Band and the Age of Aquarius.

Hildegard of Bingen

The life and works of Hildegard of Bingen--nun, visionary, writer, composer, healer, naturalist, traveling preacher, for young readers.

An Anthology of Christian Mysticism

A biography of the twelfth-century abbess and visionary is accompanied by a compact disc of her music

Managing Stress

Best-selling author Jackson Spielvogel has helped over one million students learn about the present by exploring the past. Spielvogel’s engaging narrative weaves the political, economic, social, religious, intellectual, cultural, and military aspects of history into a gripping story that is as memorable as it is instructive. WESTERN CIVILIZATION includes 155 maps and excerpts of more than 250 primary sources that enliven the past while
introducing students to the source material of historical scholarship. Additionally, the text is illustrated with 430 photographs that add visual context. A variety of pedagogical tools, including features on relevant films and end-of-chapter study aids, make this edition accessible to any learning style. The book is available in a variety of split options. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The Art of Peace and Relaxation Workbook

During the Middle Ages, the arresting motif of the walled garden - especially in its manifestation as a sacred or love-inflected hortus conclusus - was a common literary device. Usually associated with the Virgin Mary or the Lady of popular romance, it appeared in myriad literary and iconographic forms, largely for its aesthetic, decorative and symbolic qualities. This study focuses on the more complex metaphorical functions and meanings attached to it between 1100 and 1400 - and, in particular, those associated with the gardens of Eden and the Song of Songs. Drawing on contemporary theories of gender, gardens, landscape and space, it traces specifically the resurfacing and reworking of the idea and image of the enclosed garden within the writings of medieval holy women and other female-coded texts. In so doing, it presents the enclosed garden as generator of a powerfully gendered hermeneutic imprint within the medieval religious imaginary - indeed, as an alternative "language" used to articulate those highly complex female-coded approaches to God that came to dominate late-medieval religiosity. The book also responds to the "eco-turn" in our own troubled times that attempts to return the non-human to the centre of public and private discourse. The texts under scrutiny therefore invite responses as both literary and "garden" spaces where form often reflects content, and where their authors are also diligent "gardeners" the apocryphal Lives of Adam and Eve, for example; the horticulturally-inflected Hortus Deliciarum of Herrad of Hohenburg and the "green" philosophies of Hildegard of Bingen's Scivias; the visionary writings of Gertrude the Great and Mechthild of Hackeborn collaborating within their Helfta nunnery; the Middle English poem, Pearl; and multiple reworkings of the deeply problematic and increasingly sexualized garden enclosing the biblical figure of Susanna.

The Pleiadian Agenda

Referred to as the “authority on stress management” by students and professionals, Managing Stress, Sixth Edition, contains the most comprehensive approach honoring the integration, balance and harmony of mind, body, spirit and emotions. The holistic approach taken by internationally acclaimed lecturer and author Brian Luke Seaward gently guides the reader to greater levels of mental, emotional, physical, and spiritual well-being by emphasizing the importance of mind-body-spirit unity. Every NEW text includes a Relaxation CD and a note-taking guide at no additional cost to your students!
Western Civilization: Volume A: To 1500

A luminous spiritual memoir inviting the reader to the practice of silent prayer. Rooted in her Judeo-Christian tradition, the author welcomes the wisdom of other traditions and calls us to embrace our shared humanity. In this 20th Anniversary Edition, Tiberghien writes an Afterword to update her journey, opening the confines of her own darkness and finding atonement in the natural world and in the presence of Sophia, the ‘hidden wholeness’ of creation.

The Power of a Woman's Voice in Medieval and Early Modern Literatures

With a Foreword by Sister Joan Chittister, OSB. Experiencing Hildegard is a synthesis of Hildegard of Bingen's spirituality with insights from Jungian depth psychology, particularly regarding the unconscious and the reality of the soul. In this revised and expanded edition, Clendenen brings the scholarship up to date and addresses the changes wrought by Hildegard being named a Doctor of the Church.

Hildegard of Bingen's Book of Divine Works

"The life of Hildegard of Bingen (1098-1179) has been recounted and her works have been explored in many languages and in many formats: in pamphlets, books, and newspapers; on the radio and in audio recordings; in film and television documentaries; and on countless websites and blogs"--

The Semiotics of Hildegard Von Bingen's Mystical Visions Found in Her Liber Divinorum Operum (The Book of Divine Works)

Philosophers and Religious Leaders provides a synopsis of the lives and legacies of 200 men and women from the areas of religion and philosophy who have "changed the world." These individuals have developed, extended, or exemplified ideas fundamental to the way human beings perceive the meaning and purpose of their own lives and of their societies. Some have challenged prevailing convictions and worked for immediate change during their lifetimes; others have proposed new modes of thinking that have flourished only after their passing.

German Mysticism From Hildegard of Bingen to Ludwig Wittgenstein

Hildegard of Bingen: An Integrated Vision surveys the writing of Hildegard of Bingen, both her visionary and non-visionary works, as well as her music, and describes the events and forces in her life that led to Hildegard creating a virtual library of publications. The author provides a sketch of Hildegard as a nun, a religious superior, author, mystic, and musician, while defining the theological integration that occurred during her
creative life.

**Icons of the Middle Ages**

The study takes the received view among scholars that women in the Middle Ages were faced with sustained misogyny and that their voices were seldom heard in public and subjects it to a critical analysis. The ten chapters deal with various aspects of the question, and the voices of a variety of authors - both female and male - are heard. The study opens with an enquiry into violence against women, including in texts by male writers (Hartmann von Aue, Gottfried von Straßburg, Wolfram von Eschenbach) which indeed describe instances of violence, but adopt an extremely critical stance towards them. It then proceeds to show how women were able to develop an independent identity in various genres and could present themselves as authorities in the public eye. Mystic texts by Hildegard of Bingen, Marie de France and Margery Kempe, the medieval conduct poem known as Die Winsbeckin, the Devout Books of Sisters composed in convents in South-West Germany, but also quasi-historical documents such as the memoirs of Helene Kottaner or Anna Weckerin's cookery book, demonstrate that far more women were in the public gaze than had hitherto been assumed and that they possessed the self-confidence to establish their positions with their intellectual and their literary achievements.

**The Enclosed Garden and the Medieval Religious Imaginary**

**Encyclopedia of Catholicism**

Best-selling author Jackson Spielvogel has helped over one million students learn about the present by exploring the past. Spielvogel's engaging narrative weaves the political, economic, social, religious, intellectual, cultural, and military aspects of history into a gripping story that is as memorable as it is instructive. **WESTERN CIVILIZATION** includes 155 maps and excerpts of more than 250 primary sources that enliven the past while introducing students to the source material of historical scholarship. Additionally, the text is illustrated with 430 photographs that add visual context. A variety of pedagogical tools, including features on relevant films and end-of-chapter study aids, make this edition accessible to any learning style. The book is available in a variety of split options. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

**Secrets of God**

Managing Stress, Seventh Edition, provides a comprehensive approach to stress management honoring the integration, balance, and harmony of mind, body, spirit, and emotions. The holistic approach taken by
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